

"Great things are not done by impulse, but by a series of small things brought together." - Vincent Van Gogh



National Alliance on Mental Illness

of Union County

P.O. Box 724, New Providence, NJ 07974 · (908) 233-1628 · namiunioncounty@yahoo.com · naminj.org/affiliates/union.html

NAMI Union County Public Meeting Schedule

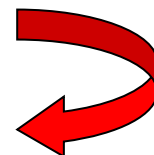
Find out about mental illnesses and coping techniques by attending NAMI public meetings. Our meetings are truly a welcoming environment and inclusive as well as informative. You'll get to know others who are facing similar challenges.

Each meeting features a topic and speaker of interest to our community. Meetings are open to the public and about 30-40 people attend. Stay afterward for free refreshments and mingling. Free literature available includes our Resource Guide for Union County.

Meetings begin at 7:30 PM and end about 9:15 PM

RWJ Rahway Fitness & Wellness Center

2120 Lamberts Mill Road, Scotch Plains



<http://rwjrahwayfitness.com/center/directions/> Plentiful parking and ADA accessible.

2020 Meetings

- February 25 - Circle of Friends
- March 24 - Affordable Housing
- April 28 - Estate Planning
- May 26 - Topic TBD
- September 22 – Topic TBD
- October 27- Topic TBD
- November 24- Topic TBD

Speakers and topics subject to change.

NEW! Our “Conversation Among Friends” group for those who have a mental health diagnosis runs concurrently in a separate room on same dates, times, and location as above. Trained peer reps guide the discussion. Join this opportunity for community and sharing between peers.

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Because of changes due to weather, space availability, holidays or other factors,
please call (908) 233-1628 or write to namiunioncounty@yahoo.com to confirm the schedule.

No meetings in June, July, August, December or January

Join the Conversation about Mental Illness!